

# leadership LAB

**An immersive 2-day  
leadership training  
experience for managers in  
biotech**



**ELYSIAN HR**  
CONSULTING



# Program designed for

- New managers
- Experienced managers looking to sharpen their skills
- High potential individual contributors aspiring to move into people management
- Individuals interested in connecting with other biotech leaders





# What is the leadership LAB



Not unlike science labs, our leadership lab provides the space for participants to

**Discover** their unique leadership styles

**Examine** their strengths and gaps

**Explore** and **experiment** with new models and frameworks

**Apply** leadership principles to real-life situations

**Collaborate** with like-minded peers in biotech



# Agenda

## Day 1

Tue March 11, 2025

- The Role of a Manager
- Leadership Assessment
- Building Your Team
  - Trust and Team Culture
- Managing your Team
  - Goal Setting
  - Delegation
  - Giving & Receiving Feedback
  - Managing Performance

Experiential  
Assignment,  
Facilitator check-  
in and Peer  
Coaching

## Day 2

Mon May 12, 2025

- Elevating your Team
  - Goal-setting and Accountability
  - Delegation
  - Coaching for Success
  - Developing Others
- Claiming your Strengths (Your Leadership Brand)

# Learning Modalities

We use a variety of teaching methods to ensure an optimal learning experience for all participants



Small group discussions



Case Studies



Videos



On-the-job skill practice  
and peer coaching



Role Plays



Facilitator coaching



# Program Details



## Dates

March 11th and May 12th, 2025  
9 am- 4 pm

## Location

MassBio Hub, Cambridge MA

## Fees

\$2,050/person: Membership rate (MassBio)  
\$2,250/person: Non-member rate

includes all workshop materials, breakfast, lunch and refreshments



# Meet the Faculty



**Anushka Arellano**

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*Founder, Elysian HR*

Anushka Arellano has 20+ years of experience working in HR and Marketing roles within the life science industry. She founded Elysian HR in early 2019- a boutique consulting firm working exclusively with biotech companies- offering interim HR leadership, coaching and development programs. Anushka is passionate about facilitating high-impact training sessions for employees, teams and managers. She is a certified Insights Discovery facilitator as well as a mindfulness and yoga instructor.

**Contact us to Register**

**[www.elysian-hr.com](http://www.elysian-hr.com)**

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**\*\*Limited Seats. Registration closes Feb 28, 2025\*\***